**CV**

1. **Personal data**

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| Name (Arabic) | مني محمد عبد العزيز بركات |
| Name (English) | Mona Mohamed Abdel-Aziz Barakat |
| Marital status | Married |
| Department | Psychiatric and Mental health Nursing |
| College | Faculty of Nursing- Benha university |
| Academic degree | Lecturer |
| Office Address | Faculty of Nursing- Benha university |
| Mobile 1 | 01226451744 |
| Work phone | 0133244281 |
| Email (university) | mona.barakat@fnur.bu.edu.eg |
| Email (alternative) | Lovegana120@yahoo.com |

1. **Education**

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| --- | --- | --- |
| Institution | Degree obtained | Year |
| Faculty of Nursing, Benha university | Bachelor in Nursing science | May 2005 |
| Faculty of Nursing, Benha university | Instructor | 2007 |
| Faculty of Nursing, Benha university | Master degree | 2012 |
| Faculty of Nursing , Benha university | Doctorate | 2015 |

**3-Language skills (Excellent, Very Good, Good, Basic)**

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| Language | Reading | Speaking | Writing |
| Arabic | Excellent | Excellent | Excellent |
| English | Excellent | Excellent | Excellent |

**4- Teaching**

* + Lecturer in Department of Mental Health Nursing.
  + Associate member of the quality staff unit in the faculty.
  + Associate member of the psychological counseling staff Unit in the faculty
  + Associate member of the research staff unit in the faculty.
  + Participation in teaching at the Technical Institute of Nursing Benha 2017.
  + Work as a trainer in the clinical psychiatric nursing department faculty from 2007-2019.

**5- Areas of research**

* In Psychiatric and Mental Health Nursing

**6- PhD/MSc Supervision**

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| --- | --- | --- |
| Title | PhD/ MSc | Year completed / in progress |
| The Effect of an Assertiveness Training Program  on Schizophrenic Patients | **PhD** | **2015** |
| Psychiatric Nurses` Knowledge and Attitudes toward Antipsychotic Medications | **MSc** | **2012** |
| Suicidal behaviors and attitudes among adolescents | **MSc Supervision** | **2017** |
| Relation between depression and self-efficacy among hemodialysis patients in benha university hospital | **MSc**  **Supervision** | **2017** |
| Relationship between child abuse and school refusal among primary school children | **MSc**  **Supervision** | **2019** |
| Psychological problems and quality of life among patients undergoing heart procedures | **MSc**  **Supervision** | **2019** |
| Effect of motivational interviewing training program on compliance among patients with substance use disorders | **PhD**  **Supervision** | **2019** |
| The effect of assertiveness training program on psychiatric mental health nurses` communication skills and self esteem | **PhD**  **Supervision** | **2019** |
| Effect of emotional intelligence training program on burnout among psychiatric mental health nurses | **PhD**  **Supervision** | **2019** |

**7- List of Publications (**Authors, Title, Journal/Conference name, pages from to, year, link to full paper)

1. The Effect of an Assertiveness Training Program on Schizophrenic Patients (2015): Egyptian journal of health care. The official journal of faculty of nursing. Ain Shams University (6) 1:90-106.
2. Effect of Stress Management on Job Related Stress Among Nurses Working with Psychiatric Patients. IOSR Journal of Nursing and Health Science (IOSR-JNHS). Volume 7, Issue 1 Ver. IV. (Jan.- Feb .2018), PP 22-30.
3. “Psycho-educational Program on Psychological Status of Patients with Coronary Heart Disease.” IOSR Journal of Nursing and Health Science (IOSR-JNHS), vol. 7, no.06, 2018, pp. 17-27.
4. Effect of Urinary Incontinence on Quality of Life and Self Esteem of Postmenopausal Women. American Journal of Nursing Science. Vol. 7, No. 5, 2018, pp. 182-191.
5. “Depression, Anxiety and Loneliness among Elderly Living in Geriatric Homes.” American Journal of Nursing Research, vol. 7, no. 4 (2019): 400-411.

**8-Attended Workshops, Symposiums, and Conferences**

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| Name of Workshops, Symposiums, and Conferences | Year |
| Conferences | |
| Nursing students' advocacy to archives SDGs for good health and wellbeing. Faculty of nursing , Benha university | 2019 |
| The 3rd Scientific day of psychiatric and mental health nursing "positive thinking and self-development". | 2019 |
| Deducting scientific paper from the thesis and international publish following the principles of ethical issues. | 2018 |
| The 9th student's conference "student's skills and abilities: Ways to success". | 2018 |
| The 4th annual and 1st international student conference "nursing students as pioneers in society development". | 2018 |
| The 2nd Scientific day of psychiatric and mental health nursing "psychosocial consequences of internet abuse". | 2018 |
| "The 3rd scientific conference of psychiatric nursing department "cultural and environmental pollution and its impact on the psychological and physical status of the individual, family and society. | 2018 |
| 5th Annual International Delta Diabetes Association Conference (DDA). | 2018 |
| 42nd International conference of the Egyptian society for neonatal and preterm care(ESNPC). | 2018 |
| Develop the training system and ensure the quality of professional development and institutional work. | 2017 |
| Nursing between the challenges of reality and ambitions of the future. | 2017 |
| A Series of 5˟3hour webinars relating to training and supervision in advanced developmental transactional analysis (Psychological intelligence foundation CIC). | 2015/2017 |
| The 4th annual and 1st international scientific conference" Nursing in generation "Y"I challenges and opportunities | 2017 |
| The 1st Scientific day of psychiatric and mental health nursing("child abuse" | 2017 |
| 22 Pan Arab conference on diabetes "PACD22"(Chairperson /speaker). Attending and presenting a paper. | 2018 |
| 21st Pan Arab conference on diabetes"PACD21""(Chairperson /speaker). Attending and presenting a paper. | 2017 |
| The 3rd undergraduate scientific conference "Toward competencies development for nursing students" | 2017 |
| The 19th annual conference of Benha for Hepatology, gastroenterology and fever. | 2017 |
| The 1st scientific conference of psychiatric and mental health nursing department Menofyia university "problems of adolescence and its management".   * Ethics of psychiatric nursing. * Plagiarism in nursing. * How to write research paper and proposal. | 2016 |
| An organizer and participated by paper in" The 3rd conferences of Benha faculty of nursing –Nursing toward globalization. Benha University | 2015 |
| The 2nd annual students' conference of faculty of nursing, Benha university (nursing, where & to where). | 2014 |
| The 2nd annual scientific nursing conference. The newest technology in nursing practice and nursing education conference faculty of nursing–Benha university. | 2013 |
| Workshops, Symposiums |  |
| Competitive Research Projects | 2018 |
| International Scientific Publishing | 2018 |
| University administration | 2018 |
| Self-assessment and external evaluation | 2018 |
| Website Management | 2018 |
| Office power point 2016. | 2017 |
| Knowledge Bank of Egypt. | 2016 |
| Work shop about writing scientific projects. | 2014 |
| University teacher preparation. | 2014 |
| Smart board. | 2014 |
| Websites Management. | 2014 |
| Criticism in scientific research. | 2014 |
| Statistical analysis using SPSS | 2012 |
| Information and communication | 2014 |
| Advanced power point | 2014 |
| International publishing of scientific research | 2012 |
| Research ethics | 2008 |
| Self -evaluation and external reviewing | 2013 |
| Evaluation and accreditation standards | 2013 |
| International Publish and Its Impact on Community | 2012 |
| Scientific research in community service | 2012 |
| TOFEL | 2010 |
| Financial and legal aspects | 2008 |
| The behavior of the profession | 2008 |
| The use of technology | 2008 |
| IT ,Excel, Windows, Advanced power point, Statistical analysis using SPSS, Advanced word processing, Using computers and managing files | 2009 |

**9- Positions**

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| Date  From - to | Organization | Country | Position | Role |
| 2007 | Faculty of nursing | Egypt | instructor | clinical training |
| 2012 | Faculty of nursing | Egypt | Assistant lecturer | Department activities |
| 2015 | Faculty of nursing | Egypt | Lecturer | Department activities |

**10- Activities in faculty/university/community service.**

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| --- | --- |
| Name of Activity service | Year |
| 1st International student's camp. "Nursing students' advocacy to archives SDGs for good health and wellbeing. " Lecturer" | 2019 |
| Participate in the week, the regional Environmental Conservation | 2019 |
| Participate in the week, the regional Environmental Conservation | 2010 |
| Participate of all activities in the department. | From 2007-2019 |
| Participate in all activities in the faculty. | From 2007-2019 |
| Pioneer of Nursing Benha Charitable Pharmacy (NBCP) | From 2018-2019 |
| 4th Annual Conference of Tanta Endocrine Group (TAEG) Evidence Based Endocrine Practice for Egyptians". | 2018 |